



Dragon Boat Expo Feb 11 & 12, Novotel Centre Toronto

The world's biggest and best dragon boat Expo is coming up in Toronto on Feb 11 & 12, 2012, hosted by Dragon Boat Canada.

Sure it may be one of the only events of its kind on the planet but this event truly does offer products, information and inspiration of every kind to every level of dragon boat paddler there is.

In its first two Expo events Dragon Boat Canada has assembled no less than 10 current or former National Dragon Boat Team Coaches, multiple Olympic and Para-Olympic athletes, some of Canada's most influential sports administrators, Professional athletes and coaches, sport scientists, medical professionals and doctors in various fields and prominent International Dragon Boat Federation (IDBF) officials including IDBF President Mike Haslam.

All of these Expo contributors provide their knowledge, experience and advice in both large and small group interactive formats. The Expo product displays also provide athletes a sneak peak at the newest products, apparel and services that will be available to them in their 2012 seasons. Whether you are interested in elite performance, grassroots participation or developing or improving your organization the Dragon Boat Expo hosted by Dragon Boat Canada will have someone or something there that can relate, provide valuable advice and perhaps reinforce your methods. This event has also become the pre-eminent annual networking opportunity for the dragon boat paddler, coach and administrators looking to expand their horizons.

New in 2012 the Dragon Boat Expo will feature active sessions with coaches demonstrating effective training methods in small group environments and of course the launch of the Canadian indoor Racing phenomenon with the Canadian Indoor Dragon Boat Championships on KayakPro dragon boat Ergometres.

So yes, in short, the world's biggest and best dragon boat Expo is coming up in Toronto on Feb 11 & 12, 2012, hosted by Dragon Boat Canada. For details and to register visit: <http://www.dragonboat.ca/nationals/index.html>



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