



DIRECTIONS to BELLEVILLE CAMP

From the East or West:

- Highway #401 to Belleville (highway #62 South)
- Proceed through downtown Belleville to Dundas Street (highway #2)
- Turn West (right) on Dundas St.
- Go across the river and take first left into 'Harbour 25 Marina' and 'Harbour Fitness Club'
- Park in the lot in front or beside the Fitness Club
- Walk between the 2 buildings to the training site. (It will be well marked)

NOTE: See Tim Hortons and Subway directly across the street (Dundas St.) from the Club entrance.

Accommodation is two minute walk from our training site at the Ramada Inn. Phone 613 9683411, address is 11 BayBridge Road, Belleville.