



**DRAGON BOAT CANADA
BATEAU-DRAGON CANADA**

2010-2011 Canadian National Dragon Boat Team Guidelines and Requirements for National Crew Directors

GUIDELINES - EXPLANATION

This document outlines the expectations of the National Crew Directors of the 2010-2011 Canadian National Dragon Boat Team which are a condition of his/her participation in the program. The National Team represents Canada both off and on the water and as such members are expected to conduct themselves in a manner becoming an ambassador for our sport and our country.

Please read the articles and if in agreement sign where indicated.

PURPOSE

Identify, select and train individuals who possess and have demonstrated the skills required to represent Canada at IDBF Championship Events.

GOAL

To create the fastest crews possible by assembling the best racers from across Canada through an equitable and accessible selection process.

GUIDING PRINCIPLES

For the purposes of this document the terms “program” and “team” refers to all aspects, processes, divisions, categories and classes of the Canadian National Dragon Boat Team unless otherwise specified.

1. Excellence
 - a) The sole purpose of the National Team program is to foster excellence amongst athletes, and coaches
2. Sustainable
 - a) The National Team program is designed to cultivate and develop high performance athletes
 - b) The National Team program recognizes the value of program continuity in the on-going development of high performance athletes.
3. Accessible and Transparent
 - a) The National Team program is designed to allow any qualified racer to try out and be provided with a comprehensive and logical set of selection criteria that is available to all interested parties and individuals prior to the initiation and implementation of the selection process (pre-trial and post-trial)
 - b) Athlete selections are based on objective criteria that are within the best practices of the sport
4. Integrity and Respect
 - a) Each person involved in the National Team program, be it as an athlete, coach, administrator, health professional, or supporter conducts themselves at all times in a manner that is respectful and with integrity.

PROGRAM OBJECTIVES

1. To provide opportunity for athletes and coaches to develop their skills and potential to the highest degree possible in a supported and dynamic environment
2. To have the sport of dragon boat racing in Canada be regarded as a high performance athletic endeavour that is recognized nationally and internationally
3. To ensure the most open unbiased and equal opportunity for all athletes across Canada who possess the required skill to be fairly assessed and selected
4. To abide by the principles and standards of Dragon Boat Canada, Sport Canada, the Canadian Coaches Association, and the International Dragon Boat Federation

NATIONAL CREW DIRECTOR CRITERIA AND SELECTION

Eligibility Requirements

- Canadian Citizen or hold Landed Immigrant Status, or resident of Canada for a minimum of 3 years
- Registered with Dragon Boat Canada through a DBC Member Club
- Hold a valid passport
- Hold valid first aid/CPR training cards
- Willing to undergo a criminal background check

Required Standards

- Respectful towards National Team processes, athletes, and personnel
- Commitment to work with and be supportive of athlete's "home club" and "club coach"
- Commitment to uphold the DBC Rules of Racing, Code of Conduct, By-laws and all Policies and Procedures
- Extraordinary technical knowledge
- Excellent communication skills
- Demonstrated ability to develop and monitor high performance training programs
- Ability to motivate and encourage team building
- Knowledge of the various styles of dragon boating and demonstrates the ability to adapt as necessary
- Passionate about the sport of Dragon Boat and committed to the success of Team Canada

Desired Skills, Attributes and Background

- NCCP Introduction to Sport A and B
- Minimum DBC Coaching Competitive Dragon Boat Certified
- Previous international competition experience
- Ability to foster harmonious relationships with athletes, other coaches, support staff and officials
- Crisis management and dispute resolution skills

NATIONAL CREW DIRECTOR EXPECTATIONS

The National Crew Director is:

An individual who is the head of a program established to select, coach and train a National Crew.

National Crew Directors shall:

Follow the principles and values as established in the NCCP Code of Ethics
http://www.coach.ca/eng/certification/documents/REP_NCCP-Code-of-Ethics_March07.pdf

Act at all times in the best interest of the development of the athlete as a whole person

Accept both the letter and spirit of the rules of the sport. Aim to compete fairly, using talent and ability to perform win; refuse to win by illegal means or by cheating

Accept and support the role of the Officials to ensure the competition is conducted fairly and in accordance with the established rules.

Act with integrity in performing all duties with the athletes, other coaches, family members and officials

Strive to be well prepared so duties are carried out with competence

Ensure that equipment and facilities meet safety standards and are appropriate to the age and ability of all athletes.

Obtain appropriate qualifications and keep up to date with the latest coaching practices

Maintain the highest standards of personal conduct

Develop the winningest team possible through recruitment, selection, and training

Select crew using an equitable, accessible, and transparent process that is available to all athletes

Afford equal opportunity for participation in the selection process

ACCOUNTABILITIES AND ATHLETE SELECTION

Each National Crew Director shall:

- Provide Dragon Boat Canada with selection criteria to be used by their program
- National Crew Director Expression of Intent and \$1,000.00 non-refundable deposit required for individuals to be eligible to participate in the National Crew selection process
- Selection criteria are to accompany the signed National Crew Directors agreement and assurance fee of \$2,000.00 per program.
 - The assurance fee shall be held in trust by DBC and will then be forwarded directly to the WDBRC organizing committee.
 - If a program withdraws before January 31, 2011 the assurance fee shall be returned to the program. In the case of a program withdrawing after January 31, 2011 then the fee shall be forfeit and granted to the replacement program.

Means of selection being used by each Program Director shall be made available and accessible to the dragon boat community through email and DBC website postings within 30 days of the confirmation of the National Crew Director.

Once National Crew Directors have established means of selection a call will be put out to all DBC Members from the Program Directors via the DBC office informing all interested athletes that they may submit their resume, club coach and Regional Coach (see attached list) recommendation to DBC. This information will then

be forwarded to the appropriate National Crew Director.

Expressions of interest from athletes will be accompanied by an assessment from their Regional Coach, club coach, and may include relevant fitness results, a review of technical competency and attitude.

PROCESS, REPORTING AND SPECIFICS

All 2009 National Team Program Directors will be invited to submit Expression of Intent by 5 pm EST January 10, 2010. Outcomes will be made available to the community (via email and website) January 11, 2010

In consideration of the value of consistency to athletes, DBC encourages cooperation between 2009 Program Directors and other interested individuals.

January 15, 2010 Open deadline for submission of National Crew Director applications and Expressions of Intent (form attached) and all \$1,000.00 bonds due for the following divisions: Junior A and B, 18-23, Premier, Senior A, Senior B (Grand Dragon). In the case of a Race Off the bond will be applied toward Race Off entry fees. When no Race Off is required bond will be applied toward assurance fee.

February 15, 2010 Open deadline for submission of National Crew Director applications and Expressions of Intent and all \$1,000.00 bonds due for Senior C (Great Grand Dragon). In the case of a Race Off the bond will be applied toward Race Off entry fees. When no Race Off is required the bond will be applied toward assurance fee. If this division is not included in the 2011 World Championships the assurance fees received for this division will be returned.

May 15, 2010 National Team Trial entries (including final roster and appropriate fees) due for both classes requiring a Race Off and those that do not.

National Crew Directors will submit their training plan and current status of crew development to DBC

Signed agreement and assurance fee due **30 days** from identification of National Crew Director (identification being established upon formal invitation from DBC to National Crew Director for the opportunity to deliver a National Team Program)

Progress Report #1 due **November 30, 2010**

Final date for withdrawal of program without forfeiting Assurance Fee **January 31, 2011**

Progress Report #2 due **February 28, 2011** (form provided)

Provisional Rosters due **March 31, 2011**

Progress Report #3 and Final Roster due **May 31, 2011** (form provided)

Final Report due **within 30 days of the completion of the World Championships** (form provided)

All Progress Reports will include the following information:

- Status and detailed description of talent identification and selection processes
- Status and detailed description of training opportunities, camps and other crew activities
- Current crew list
- Any deviations from previously submitted processes including rationale.

National Crew Director will submit a provisional roster of a maximum of 24 athletes (including drummer and steersperson) to DBC by March 31 in the year of the World Championships. In the case where a Race Off took place, no fewer than twelve (12) athletes that raced in the Race Off in all distances contended at trials will appear on the provisional and final rosters. In the case where no Race Off is required no fewer than twelve (12) athletes from the final roster submitted May 15, 2010.

National Crew Director shall submit the final roster to DBC no later than two (2) months to the day before the opening of the World Championships. If fewer than twelve (12) athletes that raced in the Race Off in all

2010-2011 National Team and Crew Director Requirements

distances contended at trials appear on Final Roster or , in the case where no Race Off was required, no fewer than twelve (12) athletes from the final roster submitted May 15, 2010 appear on Final Roster, DBC will re-evaluate the program. Based on this evaluation DBC may revoke the rights of the National Crew Director. If a National Crew Directors Rights are revoked the right to select, coach, and train a National Crew may be given to another National Crew Director.



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2010-2011 Canadian National Dragon Boat Team Code of Ethics Agreement Form

Submission of this form accompanied by the Assurance Fee confirms the commitment of the National Crew Director to the 2010-2011 Canadian National Dragon Boat Team. One form for each class/division is required.

TO: Dragon Boat Canada

I, _____ of _____
Full Name Address

Address cont.

am confirming my desire to be a Program Director for the 2010-2011 Canadian National Dragon Boat Team for the following:

Age Class

Division

I agree to the following terms:

1. I agree to abide by the DBC and NCCP Code of Ethics as explained in the 2010-2011 Canadian National Dragon Boat Team Guidelines and Requirements.
2. I acknowledge that DBC may take disciplinary action against me, if I breach the code of ethics, or fail to adhere to any portion of these Guidelines and Requirements.
3. I acknowledge that disciplinary action against me may include my removal from the 2010-2011 Canadian National Dragon Boat Team Program.

Signature

____/____/____
Date